

Anniversary Centre Weekly Timetable – Drop In Activities for patients

	Monday	Tuesday	Wednesday		Thursday	Friday	
10.00					Acupuncture Clinic Nuffield		
10.30	Complementary Therapies Drop-in Clinic Nuffield (see staff for further details)	Complementary Therapies Drop-in Clinic Nuffield				Complementary Therapies Drop-in Clinic Nuffield	
11.00	Arts Therapies Group Pavilion	Arts Therapies Group Pavilion	Arts Therapies Group Pavilion	Falls Group Nuffield		Arts Therapies Group Pavilion	
11.30							
12.00							
12.30							
1.00							
1.30	Service Pilgrim Room	Service Pilgrim Room	Qi Gong Nuffield Conservatory 1.15pm			Service Pilgrim Room	Relaxation Nuffield 1.15pm
2.00			Relaxation Nuffield	Patient Chat Pavilion			Arts Therapies Group Pavilion
2.30							Tea at 2pm Monthly Informal Support Group
3.00	Tea and Cake Centre	Open Access Art Centre 3-5pm Anyone can join	Tea and Cake Centre				
3.30							
4.00			Fabric and Threads Centre 4-6pm Anyone can join		Death Chat 7-9pm Cicely Saunders Concert Series 1 st Thursday each month 7.30pm		
Evening events	Community Choir Centre 7-8.30pm						

If you wish to come along to any of these groups, please talk with staff in the centre

