

StChristopher's Personal Care

Job Title: Care Worker

Department: St Christopher's Personal Care

Responsible to: Service Manager

Responsible for: Providing personal care to service users in their own homes

Overall aim of post

To provide high quality personal care as part of St Christopher's Personal Care service, supporting older people, who through illness and the mental and physical frailty of old age, are entering their last year of life. The overall aim of the team (working with other health and social care professionals) is to reduce inappropriate hospital admissions so that the clients can be cared for and die in the place of their choice.

The post holder will provide personal care and support to people at home, mostly within Bromley and Croydon.

Role Responsibility

Carry out delegated duties, in particular:

- Undertake personal care and feeding of clients
- Perform light domestic duties and food preparation
- Assess client needs and feedback to the Service Manager
- Collect information to help plan care
- Assist the patient to take medication as agreed in the care plan

The Ideal Candidate

- Demonstrate warmth to clients and their families and treat them with dignity and respect
- Effective communication of information, both verbally and in writing
- Accurately report and record work activities according to organisational procedures
- Recognise and report behaviour that undermines equality and diversity
- Be comfortable remaining alongside patients and families in distress

Education & Training

- Complete the mandatory training and induction programme
- Identify own learning needs and interests
- Produce a personal development plan in conjunction with the Service Manager
- Make use of educational and development opportunities
- Take an active part in agreed learning activities and record them
- Reflect and learn from own practice through clinical supervision



PERSON SPECIFICATION

Education / Experience

Essential

- A commitment to ongoing training, development and supervision

Desirable

- Previous experience in a care setting
- NVQ/ QCF Level 2 / 3 Diploma in Health and Social Care

Knowledge/Skills/Ability

Essential

- An understanding of the mission and values of St Christopher's Hospice
- Excellent verbal and written communication skills
- Understanding of basic arithmetic
- An ability to:
 - work with people in their last year of life
 - cope with those facing loss and bereavement
 - manage stressful situations
 - work under supervision
 - work as part of a team
- A commitment to equal opportunities

OTHER INFORMATION

Essential

- Work flexibly between a mix of shifts to cover the service between 6.30am -10.30pm
- Shift times are 7.00am – 1.00pm /1.00pm – 4.00pm / 5.30pm – 10.30pm (You are able to do more than 1 shift per day)
- Flexibility to work at weekends and Bank holidays
- Willing to work across both Bromley and Croydon boroughs as required
- **Car driver / owner preferable but some vacancies available for non-drivers**