



## Advance Care Planning

### ONE DAY COURSES

#### Course 1 Tuesday 9 April 2019

Book before **Friday 8 February 2019** for the early bird price

#### Course 2 Wednesday 11 September 2019

Book before **Friday 12 July 2019** for the early bird price

**TIME** 9.30am-4pm Registration from 9am

**COST (incl. VAT)** £108 early bird or £138 regular, including lunch and refreshments

**VENUE** St Christopher's Hospice, London

# Advance Care Planning

**Advance care planning (ACP) is the process of discussing and planning ahead in anticipation of some deterioration in a person's condition. One of the key elements to support people at the end of their lives is to find out what their preferences and wishes are in relation to where and how they would like to be cared for; ACP supports this.**

Highlighted as one of the most difficult areas for health care professionals, advance care planning can greatly help guide patients, families and professionals in decision-making for care at the end of life.

This course will aim to explore the value of good interpersonal communication skills in the context of what often can be distressing circumstances.

## Who is the course for?

The course is designed for:

- nurses
- doctors
- care home managers
- health and social care support workers
- allied health professionals
- social workers
- spiritual care practitioners
- counsellors and
- psychologists.

## What will I learn?

This course will give you the opportunity to:

- learn more about advance care planning including key legal and ethical issues.
- understand the importance of interpersonal communication skills in the context of person-centred care for people facing poor or uncertain prognosis and end of life

- reflect on your own strengths and weaknesses through group discussion, observation and participation
- consider the importance of the accessibility of information across agencies to ensure patients' preferences are known.

## Who are the tutors?

- **Kathy Morris** Palliative Care Lecturer, St Christopher's

Kathy is a palliative care practitioner with experience as a Clinical Nurse Specialist in the community as well practice development within care homes. As part of St Christopher's Education Team, Kathy delivers a range of interdisciplinary learning in subjects related to palliative and end of life care.

- **Steph Storer** Palliative Care Lecturer, St Christopher's

Steph has worked in a range of clinical settings including the hospice, community and nursing care homes before joining the Education Team at St Christopher's as a Lecturer in 2017.



*"The course exceeded my expectations, both in terms of context and delivery. I found it engaging and thought-provoking"* Course delegate

## How can I find out more?

At St Christopher's Hospice our vision is of a world in which all dying people and those close to them have access to care and support, whenever and wherever they need it. We promote excellence in end of life care by delivering a range of training programmes to students from all over the world.

If you have any questions about this or any other of our courses, please contact

the Education Team who will be happy to help.

Telephone **020 8768 4656**

Email **[education@stchristophers.org.uk](mailto:education@stchristophers.org.uk)**

Travelling instructions, our local accommodation list and information about all our other courses can be found on our website at

**[www.stchristophers.org.uk/education](http://www.stchristophers.org.uk/education)**.

**Book online at [www.stchristophers.org.uk/education](http://www.stchristophers.org.uk/education)**

**HOW TO BOOK  
YOUR PLACE ON  
THIS COURSE**

**BOOK ONLINE** Visit [www.stchristophers.org.uk/education](http://www.stchristophers.org.uk/education)  
**BOOK BY POST** Complete this form and send it to **Education Centre,  
St Christopher's Hospice, 51-59 Lawrie Park Road, London SE26 6DZ**  
**BOOK BY FAX** Complete this form and fax it to **020 8776 5838**

## Advance Care Planning

Tuesday 9 April 2019  Wednesday 11 September 2019

Title  Dr  Mrs  Miss  Ms  Mr  Revd  Other

First name  Surname

Job title

Profession

- Nurse  Doctor  AHP  Social Worker  Spiritual Care  Bereavement  Education  
 Senior Manager  Administrator  Care Assistant  Other

Sector

- NHS Hospital Trust  Local authority  Private sector  NHS Community or PCT  
 Independent hospice, voluntary organisation or charity  University or education facility

Organisation name IF APPLICABLE

Address and postcode

Telephone

Email

This course is being funded  personally  by my organisation  other

Dietary requirements

I would like to receive information about all Education events

**Payment** Unfortunately, we are unable to accept credit card payments via paper booking forms. However, these can be accepted online at [www.stchristophers.org.uk/bookingform](http://www.stchristophers.org.uk/bookingform). If you would like to pay by an alternative method, please check your preferred method below.

**Cheque** Make your cheque payable to *St Christopher's* and write your course name and course code on the back

**BACS** Please send me details of how to pay by BACS

**Invoice** Please invoice the following (if different from above)

Name/organisation

Address and postcode

**Privacy** In accordance with the General Data Protection Regulation (GDPR), we are required to inform you that your details will be retained and held on file for administrative purposes by St Christopher's. Please be assured that we will not pass this information on to any other organisation unless we have your prior consent. Full details of our privacy notice can be found on our website. St Christopher's may take photographs during courses to be used for publicity and marketing purposes. Please contact a member of the Education Team if you would not like us to use your image for these purposes. **Cancellations and refunds** All fees are liable for payment unless cancellation is notified in writing at least 14 days before the event. No refunds will be made within 14 days of the event. If you are unable to attend a substitute may attend in your place. Please notify us of any changes as soon as possible. St Christopher's reserves the right to cancel an event in which case delegates will be informed as soon as possible and offered either an alternative event, if applicable, or a full refund. **Course booking terms and conditions** All events must be paid for via the secure website or by invoice by the date of the event or within 30 days of the invoice date whichever is earlier. The delegate(s) and employer are liable for payment of all the fees due.

Signature

Date