

Young Changemakers: APPLICATIONS OPEN

Dear School Leader,

We are pleased to write to you to share information about our Summer School opportunity in 2024, here at St Christopher's Centre for Awareness and Response to End of Life.

We are keen to support the development, knowledge and skills of those in the community who wish to support others, and work together to create real change. As a result, we've put together an exciting and interactive opportunity for young learners in our local community.

Young Changemakers is a summer school and leadership development programme for 16-18-year olds who are interested in helping in their community to support others and create change.

Challenges at the end of life can impact us all, and we think that the better prepared we are for what happens, and how we might respond, the more likely we are to make change. We believe that future generations are an important part of change-making processes and would like to involve them in this work and support them to explore their interests.

Applicants can apply for a five-day summer school programme, or a year – long opportunity that will include the five days at the summer school but also run throughout the year as a leadership development opportunity. This longer opportunity aims to help students see themselves as leaders and contributors to change.

The summer five-day programme will be based at St Christopher's Hospice in Sydenham, with one day spent in the community. During the week students will learn about and explore a variety of topics in practical and experiential ways. They'll be asked to think about healthcare, the community, helping others and how we can be proactive and part of a collaborative effort to support one another with end of life experiences. You can find attached our programme from last year to give you a sense of the week.

The year-long opportunity includes the five-day programme and also online and selected weekend mornings during the term which will be flexible and scheduled to meet the needs of attendees. There will be no more than five extra days in total of attendance expected. During this time participants will work on personal leadership, goals and development, particularly within the community.

We hope that this offer and our ambitions for young leadership will be welcome to you, and that you will support your students to attend. If you have any questions please do contact us.

Yours faithfully,
The Community Action Team

St Christopher's CARE

51-59 Lawrie Park Road, Sydenham London SE26 6DZ

T 020 8768 4656

E education@stchristophers.org.uk

www.stchristophers.org.uk/about-care

Information about Young Changemakers

Who? preference will be given to those living within the 5 London boroughs we serve: Lewisham, Croydon, Bromley, Lambeth and Southwark.

What? A Summer School for 16-18-year olds with a year-long leadership programme for those who are interested to attend (no more than 10 days attendance in all)
 The Summer school will be in person and the leadership programme online.

Where? St Christopher's Centre for Awareness and Response to End of Life, Lawrie Park Road, Sydenham, London SE26 6DZ

When? 8th – 12th July 2024

How can I get involved? fill out the enclosed application form letting us know a bit about yourself and your interests, and ask your caregiver and school to sign it consenting for you to attend.

Charge? Young Changemakers is a free opportunity. Travel expenses will be covered, and Lunch and breakfast will be provided.

What topics can I expect to explore?

- Yourself, self-care and resilience
- How to talk about important topics and express ourselves, and why that is good for all of us
- What roles do communities and different professionals at health care organisations play in taking care of others at the end of life
- More about different communities and activism and leadership
- What role young people can play in this
- Change-making and different options available to you

General Timetable for July Summer School

Day 1: Get to know each other and tell us about yourselves, and take part in creative arts sessions like drumming and song-writing

Day 2: Learn more about different healthcare approaches and how people work together to support people at the end of life – join a treasure hunt!

Day 3: Think about communities and what they mean to us and how they help our wellbeing, and plan a social change campaign

Day 4: Join a hosted study visit making change in the community

Day 5: Challenge day: work in groups to identify then find a solution to a problem you've noticed this week and present it to people.

General Timetable for Young Changemakers Year-Long Programme

- Monthly one-hour peer mentoring sessions in the evening online.
- A weekend morning or weekday evening in October, November, February 2025, and March 2025.
- A celebration event in June 2025.

St Christopher's CARE

51-59 Lawrie Park Road, Sydenham London SE26 6DZ

T 020 8768 4656

E education@stchristophers.org.uk

www.stchristophers.org.uk/about-care