

Namaste Care Checklist

To be completed MONTHLY by Care Home Manager.

Write date and initials in top space. Check off each requirement that is met in the column below; if an item is inappropriate leave blank.

Care Home

Date and initials						
Namaste Care room						
Soothing music playing						
Lights dimmed						
Chairs for visitors						
Welcome sign on door						
Door clean						
Floor clean						
Chairs clean						
Counters clean						
Kitchen appliances clean						
Furniture clean						
Windows clean						
Windows treatments clean and in order						
Wastebasket emptied and tidy						
Quilts and blankets clean and available						
Overall room neat and clutter free						
Plants in good condition						
Other:						

Other:						
Look comfortable and peaceful, no longer groaning or anxious facial expressions						
Faces clean and moistened						
Hair groomed						
No unpleasant odour in the room or with any particular resident						
Hands clean						
Fingernails clean						
Arms moisturised						
Legs moisturised						
Clothing clean						
Blanket or quilt clean						
Other:						
Namaste Care supplies						
Hand cream						
Face cream						
Shaving cream						
After-shave lotion						
Safety razors						
Mouth care items						
Combs/brushes						
Lavender and essential oils						
Seasonal scents						
Stuffed birds and other animals available						
Lollipops available						

Orange slices and other foods available						
Plastic bags, small and large						
Other:						
Other:						
Refrigerator clean and set to correct temperature						
Refrigerator temperature log current						
Food dated						
Beverages available						
Gloves used by staff handling food						
Hand washing supplies						
Separate containers for resident personal supplies						
Individual blanket/quilt per resident						
Soiled laundry in closed container						
Electric items inspected by Maintenance						
Other:						
Other:						
Namaste Care team member						
Name tag visible						
Greets everyone entering room						
Monitors resident safety						
Interacts with residents						
Always present in room						
Other:						
Other:						