Namaste Care Training

ONE DAY COURSE

Course 1 Tuesday 19 March 2019
Early bird price available when you book before Saturday 19 January

Course 2 Wednesday 25 September 2019
Early bird price available when you book before Thursday 25 July

TIME 9.30am-4pm with registration from 9am
COST £108 early bird or £132 regular, including lunch, refreshments and VAT
VENUE St Christopher’s Hospice, London
CODE NCP19
Namaste Care Training

‘Namaste’ means ‘to honour the spirit within’ and the care programme was developed by Professor Joyce Simard in the USA. No additional staff, space or expensive equipment is required. The programme is based around sensory interventions, especially touch.

Our Namaste research study, undertaken at St Christopher’s Hospice, showed clear benefits for residents, care staff and family members. We want to share our learning through this training and support package to enable care homes to set up their own Namaste Care.

Who is the workshop for?
The course is for:
- care home managers
- nurses
- activity coordinators
- care workers who have dementia care experience.

These care staff will lead the Namaste Care programme back in the care home so consideration should be made to sending two or more staff from a care home.

What will I learn?
The course and the toolkit will enable you to:
- understand the purpose of the Namaste Care programme
- understand the benefits of the Namaste Care programme for people with dementia, their families, and care staff
- communicate the vision to the whole care home team
- lead change in the way the care home team works with people with dementia and their families
- develop a plan to implement, evaluate and sustain the Namaste Care programme in your care home.

Who are the tutors?
- Min Stacpoole Nurse Specialist in Dementia and Palliative Care
- Steph Storer Palliative Care Nurse Lecturer.

What other courses might I be interested in?
- Namaste Train the Trainers
  Delivered via three webinar sessions – for dates please visit www.stchristophers.org.uk/course/namaste-train-trainers/
How can I find out more?
At St Christopher’s Hospice our vision is of a world in which all dying people and those close to them have access to care and support, whenever and wherever they need it. We promote excellence in end of life care by delivering a range of training programmes to students from all over the world.

If you have any questions about this or any other of our courses, please contact the Education Team who will be happy to help.
Telephone 020 8768 4656
Email education@stchristophers.org.uk

Travelling instructions, our local accommodation list and information about all our other courses can be found on our website at www.stchristophers.org.uk/education.

Book online at www.stchristophers.org.uk/education

“This day is motivational! It guides the delegate from realising the care, underpinning principles of Namaste as an enhanced care programme to encouraging the person to have the confidence to do it! Just do it because we can” Course delegate
Namaste Care Training

☐ Tuesday 19 March 2019 ☐ Wednesday 25 September 2019

Title ☐ Dr ☐ Mrs ☐ Miss ☐ Ms ☐ Mr ☐ Revd ☐ Other

First name ___________________________ Surname ___________________________

Job title ___________________________

Profession
☐ Nurse ☐ Doctor ☐ AHP ☐ Social Worker ☐ Spiritual Care ☐ Bereavement ☐ Education
☐ Senior Manager ☐ Administrator ☐ Care Assistant ☐ Other

Sector
☐ NHS Hospital Trust ☐ Local authority ☐ Private sector ☐ NHS Community or PCT
☐ Independent hospice, voluntary organisation or charity ☐ University or education facility

Organisation name IF APPLICABLE

Address and postcode ___________________________

Telephone ___________________________ Email ___________________________

This course is being funded ☐ personally ☐ by my organisation ☐ other

Dietary requirements ___________________________

☐ I would like to receive information about other courses

Payment
Unfortunately, we are unable to accept credit card payments via paper booking forms. However, these can be accepted online at www.stchristophers.org.uk/education

If you would like to pay by an alternative method, please check your preferred method below.

☐ Cheque Make your cheque payable to St Christopher’s and write your course name and course code on the back

☐ BACS Please send me details of how to pay by BACS

☐ Invoice Please invoice the following (if different from above)

Name/organisation ___________________________

Address and postcode ___________________________

Booking conditions
The closing date for applications is two days prior to the event start date. Your place is confirmed on receipt of a confirmation letter/email from St Christopher’s Education Administration. If you wish to cancel your place a 10% administration fee will be applied. No refunds will be given where a delegate does not attend without prior notice to Education Administration. If an event is cancelled by St Christopher’s, delegates will be informed as soon as possible and offered either an alternative event or a full refund. This form can be photocopied for additional applications.

Privacy notice/data protection
The Education Department at St Christopher’s Hospice will only keep your personal details with your consent. This is in order to send you information on our education events if it relates to the topics you requested. You are able to withdraw consent at any point by emailing education@stchristophers.org.uk or calling us on 020 8768 4656. To ensure your data is accurate we will be contacting you every three years to ensure you still want to receive information and that the type of information is still relevant. St Christopher’s may take photographs during courses to be used for publicity and marketing purposes. Please contact a member of the Education Team if you would not like us to use your image for these purposes.

Signature ___________________________ Date ___________________________