



**Hospice Education and
Learning Partnership (HELP)
for Care Homes**

**A community of practice and learning
for the whole care home workforce**

**Greenwich & Bexley
Community Hospice**

StChristopher's
More than just a hospice



What is HELP for Care Homes?

HELP for Care Homes is a shared community of practice and learning for the whole care home workforce led by experts at St Christopher's and Greenwich & Bexley Community Hospices. We have a common goal to enable quality end of care for every resident and their family and, together, we will empower all care home staff to take control of care for residents right up to the end of life.

How we can HELP?

Care Home members of HELP will come together with our pool of specialist clinicians and educators for a blend of online and face-to-face learning, study days and workshops in both clinical skills and workforce development as well as networking opportunities, to continue the increase in quality end of life care in care homes.

Nine reasons to join HELP for Care Homes

- Access to monthly webinars on specific relevant topics
- Join Skills Lab sessions (covering key skills such as using a syringe pump, managing dementia and challenging conversations)
- Free access to day one of our two and three-day Introduction to End of Life Care for nurses, AHPs and HCAs, as well as a discount on the second and third days. Sign up now to access our upcoming three-day webinar for nurses
- Three months free access to our extensive library of bitesize learning content
- Attend three registered managers' meetings
- Participate in the ECHO learning communities of practice with other care homes in your area



- Be better prepared for CQC when they assess your end of life care as a Key Line of Enquiry at your next inspection
- Meet and share experiences and challenges with colleagues in other homes
- Celebrate the end of life care achievements of HELP for Care Homes Partners at an annual care homes conference.

Jane Lightfoot, Service Manager at St Cecilia's in Bromley, has worked in the sector for 45 years. Jane signed St Cecilia's up to ECHO at the earliest opportunity – a decision she has never regretted.

Jane says: **“If as care homes we are going to continue to care for people right up until the end of life then the support of St Christopher's and the wider community of homes that it facilitates is absolutely essential.”**



Did you know that one in five UK deaths occur in care homes? By 2040 that's predicted to rise to more than one in three, which will make them the most common place of death



Source: King's College London

Our commitment to your home is to work together to provide continuous learning and development opportunities to suit everyone – whatever stage you're at



Three ways we can HELP your care home wherever you are on the learning journey

ECHO Communities of Practice

A series of eight sessions designed to help you identify your learning needs and work together to plan how best to meet them as a community.

Programme of learning

With a focus on continuous professional development for members of your team at all levels from support staff to manager.

Organisational development and ongoing clinical support

Focuses on the introduction and implementation of Steps to Success, including developing, supporting and celebrating end of life care champions and equipping them with the tools and confidence needed to inspire their colleagues.

How to join HELP for Care Homes

Contact our Education Team who can discuss your joining fee, which is based on the number of beds in your home. Call us on **020 8768 4656** or email **education@stchristophers.org.uk**.

St Christopher's Sydenham site
51-59 Lawrie Park Road, Sydenham,
London SE26 6DZ

Telephone **020 8768 4500**
Email **info@stchristophers.org.uk**
www.stchristophers.org.uk

   **stchrishospice**

St Christopher's is registered charity 210667 and G&BCH is registered charity 1017406, both registered with the Fundraising Regulator
© St Christopher's August 2020